50 Ways to Convince Students They Can Grow Their Ability and Get Smarter or

How to do Attribution Retraining

Verbal behaviors and teacher choice of language in daily interaction:

- 1. Calling on students
- 2. Responses to student answers
 - --Sticking
- 3. Giving help

THESE 8 ARE HOW WE

- 4. Changing attitudes towards with errors **DO ATTRIBUTION**
 - --Persevere and Return

- RETRAINING: "IT'S EFFORT,
- 5. Giving tasks and assignments
- NOT INNATE ABILITY"
- 6. Feedback according to criteria for success with encouragement and precise diagnostic guidance
- 7. Positive framing of re-teaching
- 8. Tenacity when students don't meet expectations: pursuit and continued call for high level performance
- 9. Pushback on fixed mindset language and student helplessness

Regular classroom mechanisms for **generating student agency**:

- 10. Frequent quizzes and a flow of data to students
- 11. Student Self-Corrections/Self-Scoring
- 12. Student Error Analysis
- 13. Regular Re-teaching,
- 14. Required Retakes and Re-do's w/ Highest Grade
- 15. Cooperative Learning Protocols and teaching of group skills
- 16. Student feedback to teacher on pace or need for clarification
- 17. Reward System for Effective Effort and Gains
- 18. Extra help
- 19. Student goal setting

Daily instructional strategies from "clarity:"

- 20. Communicating objectives in student friendly language and unpacking them with students
- 21. Clear and accessible criteria for success, developed with students
- 22. Exemplars of products that meet criteria for success
- 23. Checking for Understanding
- 24. Making Students' Thinking Visible
- 25. Frequent Student Summarizing

All Observable in Classrooms

Explicitly teaching students:

- 26. Effective Effort Behaviors
- 27. Student Self-evaluation of Effective Effort
- 28. Learning Study and Other Strategies of Successful Students
- 29. Attribution Theory & Brain Research

Opportunities for choice and voice

- 30 Stop my teaching
- 31. Student generated questions
- 32. Negotiating the rules of the classroom game.
- 33. Teaching students the "principles of learning"
- 34. Learning Style
- 35. Non-reports
- 36. Culturally relevant lessons
- 37. Student-led parent conferences

School-wide policies and practices for:

- 38. Hiring teachers
- 39. Assignment of teachers
- 40. Personalizing knowledge of and contact with students
- 41. Scheduling
- 42. Grouping
- 43. Content-focused teams that examine student work in relation to their teaching
- 44. Reward system for academic effort and gains
- 45. Push, support, and extra help (Hierarchy of Intervention)

Programs that enable students to value school and form a peer culture that supports academic effort:

- 46. Quality after-school programs and extra-curricula activities
- 47. Building identity and pride in belonging to the school
- 48. Creating a vision of a better life attainable through learning the things school teaches
- 49. Forming an image of successful people who look like them and value education
- 50. Building relations with parents through home visits and focus on how to help

We do not, however, take on any of these 50 places with commitment unless we conceive of our job description is a certain way.

The Bottom Line of "Effort Based Ability"

The ability to do something competently—anything—mathematics, racecar driving, dancing, public speaking—is primarily determined by *effective effort* and your belief that you can get proficient at it. "Smart is something you can get." The bell curve of ability is wrong. Even what we call "intelligence" is malleable.

Thus our work as educators, in fact a major part of it for some students, is:

- 1) to *convince* them they can grow their ability at academics
- 2) to **show** them how and
- 3) to *motivate* them to want to.

"My job is to give students belief, confidence, tools, and desire."

- Give students the belief that effort can grow the ability to do well at academics. ("Smart is something you can get.")
- Help them develop the confidence that they already have enough brain power to do rigorous work at high standards if the learn effective effort.
- Teach them the tools for exerting effective effort.
- Get them to care enough to want to.

- 1. Identify which script conveys positive expectations and which negative expectations.
- 2. Analyze which words or phrases support your conclusions and explaining the effect of these words.

SCRIPT 1

STUDENT: I can't do number 4.

TEACHER: What part don't you understand?

STUDENT: I just can't do it.

TEACHER: Well, I know you can do part of it, because you've done the first three problems correctly. The fourth problem is similar but just a little harder. You start out the same, but then you have to do one extra step. Review the first three problems, and then start number 4 again and see if you can figure it out. I'll come by your desk in a few minutes to see how you're doing.

SCRIPT 2

STUDENT: I can't do number 4.

TEACHER: You can't? Why not?

STUDENT: I just can't do it.

TEACHER: Don't say you can't do it. We never say

we can't do it. Did you try hard?

STUDENT: Yes, but I can't do it.

TEACHER: Well, you did the first three problems. Maybe if you went back and worked a little longer you could do the fourth problem too. Why don't you work at it a little more and see what happens?